**New Patient Health Questionnaire - Adult** Please complete all pages in full using block capitals

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| **1. Background Details** |

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| **Contact Details** |
| NHS Number |  |
| Name |  | Gender |  |
| Previous Surname (if applicable) |  |
| Address |  | Date of Birth |  |
| Home Telephone |  |
| Work Telephone |  |
| Previous Address |  |
| Mobile Telephone | I consent to be contacted\* by SMS on this number:  |
| Email | I consent to be contacted\* by email at this address: |
| Next of Kin | Name: | Tel: |  | Relationship: |  |
| Family Registered With Us |  |
| Has the patient been registered in the NHS before? [ ]  Yes [ ]  NoIf no please state date entered UK:       |

 *\* It is your responsibility to keep us updated with any changes to your telephone number, email & postal address.*

 *We may contact you with appointment details, test results, health campaigns or Patient Participation Group details*

 *If you do not consent to being contacted by SMS or Email, please tick here: [ ] SMS [ ] Email*

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| **Other Details** |
| Previous GP | Name:  | Address: |  |
| Country of Birth |  |
| Ethnicity | [ ]  White (UK)[ ]  White (Irish) [ ]  White (Other)  | [ ]  Black Caribbean[ ]  Black African[ ]  Black Other | [ ]  Bangladeshi[ ]  Indian [ ]  Pakistani | [ ]  Chinese[ ]  Other |
| Religion | [ ]  C of E[ ]  Catholic[ ]  Other Christian  | [ ]  Buddhist[ ]  Hindu[ ]  Muslim | [ ]  Sikh[ ]  Jewish[ ]  Jehovah’s Witness | [ ]  No religion[ ]  Other: |
| Housing | [ ]  Own House[ ]  Rented House[ ]  Shared House | [ ]  Nursing Home[ ]  Residential Home[ ]  Sheltered Home | [ ]  Homeless [ ]  Housebound | [ ]  Asylum Seeker [ ]  Refugee |
| Employment | [ ]  Employed [ ]  Self-employed | [ ]  Student[ ]  Unemployed | [ ]  House husband [ ]  House wife | [ ]  Carer[ ]  Retired |
| Overseas Visitor | [ ]  Yes | [ ]  European Health Insurance Card Held (please bring details with you) |
| Armed Forces | [ ]  Military Veteran | [ ]  Family member  |  |  |

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| **Communication Needs** |
| Language | What is your main spoken language?Do you need an interpreter? [ ]  Yes [ ]  No |
| Communication | Do you have any communication needs? [ ]  Yes [ ]  No (If **Yes** please specify below) |
| [ ]  Hearing aid[ ]  Lip reading | [ ]  Large print[ ]  Braille | [ ]  British Sign Language[ ]  Makaton Sign Language [ ]  Guide dog |
| Learning disability  | Do you have a Learning Disability? [ ]  Yes [ ]  No(If **Yes** please request a Learning Disability Screening Tool form) |
| Physical disability |  |

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| **Carer Details** |
| **Are you** a carer? | [ ]  Yes – Informal / Unpaid Carer | [ ]  Yes – Occupational / Paid Carer | [ ]  No |
| Do you **have** a carer? | [ ]  Yes  | Name\*: | Tel: | Relationship: |

*\* Only add carer’s details if they give their consent to have these details stored on your medical record*

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| **2. Medical History** |

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| **Medical History** |
| Have you suffered from any of the following conditions?[ ]  Anxiety [ ]  OCD [ ]  Bipolar Disorder [ ]  Depression |
| [ ]  Asthma[ ]  COPD[ ]  Epilepsy | [ ]  Heart Disease[ ]  Heart Failure[ ]  High Blood Pressure | [ ]  Diabetes[ ]  Kidney Disease[ ]  Stroke | **[ ]**  Underactive Thyroid[ ]  Cancer- Type:[ ]  Blindness/Glaucoma |
| Any other conditions, operations or hospital admission details and the year they took place:-<Problems><Summary>If you are currently under the care of a Hospital or Consultant within Cornwall or outside of our area, please tell us here: |

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| **Family History** |
| Please record any significant family history of close relatives with medical problems and confirm which relative e.g. mother, father, brother, sister, grandparent |
| [ ]  Asthma………………….[ ]  COPD………………...…[ ]  Epilepsy………………… | [ ]  Heart Disease……….…[ ]  Stroke…………….……..[ ]  Blood Pressure………… | [ ]  Diabetes………..………[ ]  Kidney Disease..………[ ]  Liver Disease..….…….. | [ ]  Depression………..……[ ]  Thyroid…………..….…..[ ]  Cancer………………….. |
| Other: |

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| **Allergies** |
| Please record any allergies or sensitivities below includinghayfever, eczema,food or medication:- |

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| **Current Medication** |
| Please check and include as much information about your current medication below including the amount being taken.Please give us your previous repeat medication list if possible and a medication review appointment may be needed |
| **Do you hold a Living Will?**  (a Living will is documentation regarding your personal wishes in respect of medical intervention at the time of serious illness). |

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| **3. Your Lifestyle** |

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| **Alcohol** |
| Please answer the following questions which are validated as screening tools for alcohol use: |

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| **AUDIT–C QUESTIONS** | **Scoring System** | **Your Score** |
| **0** | **1** | **2** | **3** | **4** |
| How often do you have a drink containing alcohol? | Never | Monthly or Less | 2-4 times per month | 2-3 times per week | 4+ times per week |  |
| How many units of alcohol do you drink on a typical day when you are drinking? | 1-2 | 3-4 | 5-6 | 7-9 | 10+ |  |
| How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year? | Never  | Less than monthly | Monthly | Weekly | Daily or almost daily  |  |
| A score of **less than 5** indicates *lower risk drinking* | TOTAL: |  |

 **Scores of 5 or more** requires the following 7 questions to be completed:

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| **AUDIT QUESTIONS**(after completing 3 AUDIT-C questions above) | **Scoring System** | **Your Score** |
| **0** | **1** | **2** | **3** | **4** |
| How often during the last year have you found that you were not able to stop drinking once you had started? | Never  | Less than monthly | Monthly | Weekly | Daily or almost daily  |  |
| How often during the last year have you failed to do what was normally expected from you because of your drinking? | Never  | Less than monthly | Monthly | Weekly | Daily or almost daily  |  |
| How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session? | Never  | Less than monthly | Monthly | Weekly | Daily or almost daily  |  |
| How often during the last year have you had a feeling of guilt or remorse after drinking? | Never  | Less than monthly | Monthly | Weekly | Daily or almost daily  |  |
| How often during the last year have you been unable to remember what happened the night before because you had been drinking? | Never  | Less than monthly | Monthly | Weekly | Daily or almost daily  |  |
| Have you or somebody else been injured as a result of your drinking? | No |  | Yes, but not in last year |  | Yes, during last year |  |
| Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested that you cut down? | No |  | Yes, but not in last year |  | Yes, during last year |  |
|  | TOTAL: |  |



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| **Smoking** |
| Do you smoke? | [ ]  Never smoked | [ ]  Ex-smoker  | [ ]  Yes  |
| Do you use an e-Cigarette? | [ ]  No  | [ ]  Ex-User  | [ ]  Yes  |
| How many cigarettes did/do you smoke a day? | [ ]  Less than one  | [ ]  1-9 [ ] 10-19  | [ ]  20-39 [ ]  40+ |
| Would you like help to quit smoking? | [ ]  Yes  | [ ]  No |  |
|  | For further information, please see: [www.nhs.uk/smokefree](http://www.nhs.uk/smokefree) |

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| **Height & Weight** |
| Height |  |
| Weight |  |
| Waist Circumference |  |

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| **Women Only** |
| Do you use any contraception? | [ ]  Yes [ ]  No If needed, please book appointment. |
| Are you currently pregnant or think you may be? | [ ]  Yes [ ]  No Expected due date: |

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| **Students Only** |
| Students are at risk of certain infections including mumps, meningitis and sexually transmitted infections, as well as mental health issues including stress, anxiety and depression. Please see [www.nhs.uk/Livewell/Studenthealth](http://www.nhs.uk/Livewell/Studenthealth) |
| I am less than 24 years old and have had two doses of the MMR Vaccination | [ ]  Yes | [ ]  No  | [ ]  Unsure  |
| I am less than 25 years old and have had a Meningitis C Vaccination | [ ]  Yes  | [ ]  No  | [ ]  Unsure  |

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| **4. Further Details** |

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| **Electronic Prescribing** |
| If you would like your prescriptions to be sent electronically, please provide details of the pharmacy you would like to use: | Pharmacy: |

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| **5. Sharing Your Health Record** |

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| **Your Health Record** |
| ***Information Sheet on next page****Do you consent to your GP Practice sharing your health record with other organisations who care for you?**[ ]  Yes (recommended option)**[ ]  No, never**Do you consent to your GP Practice viewing your health record from other organisations that care for you?**[ ]  Yes (recommended option)**[ ]  No* |

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| **Your Summary Care Record (SCR)** |
| Do you consent to having an Enhanced Summary Care Record with Additional Information?[ ]  Yes *(recommended option)*[ ]  No |

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| **Signature** |
| Signature | [ ]  Patient’s signature  |
|  | [ ] Signed on behalf of patient |
| Name |  |
| Date |  |

**Checklist**

Please ensure the following are done and provided so that your registration can be completed successfully

|  |  |
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| [ ]  | Completed & Signed Above Form |
| [ ]  | Completed & Signed GMS1 Form/GP Surgery Registration Form |
| [ ]  | Photo Proof of ID *e.g. Passport, Photo Driving License or Photo ID card(not needed during Covid-19 pandemic)* |
| [ ]  | Proof of Address  *e.g. Bank statement, Utility Bill or Council Tax from within the last 3 months(not needed during Covid-19 pandemic)* |

**Practice Use Only**

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| Appointment | [ ]  Required | [ ]  Not Required  |  |  |
| Photo ID | [ ]  Passport | [ ]  Driving licence  | [ ]  Identity card  | [ ]  Other       |
| Proof of Address | [ ]  Utility Bill  | [ ]  Council Tax  | [ ]  Bank Statement  | [ ]  Other       |

**Sharing Your Health Record**

**What is your health record?**

Your health record contains all the clinical information about the care you receive. When you need medical assistance it is essential that clinicians can securely access your health record. This allows them to have the necessary information about your medical background to help them identify the best way to help you. This information may include your medical history, medications and allergies.

**Why is sharing important?**

Health records about you can be held in various places, including your GP practice and any hospital where you have had treatment. Sharing your health record will ensure you receive the best possible care and treatment wherever you are and whenever you need it. Choosing not to share your health record could have an impact on the future care and treatment you receive. Below are some examples of how sharing your health record can benefit you:

* Sharing your contact details This will ensure you receive any medical appointments without delay
* Sharing your medical history This will ensure emergency services accurately assess you if needed
* Sharing your medication list This will ensure that you receive the most appropriate medication
* Sharing your allergies This will prevent you being given something to which you are allergic
* Sharing your test results This will prevent further unnecessary tests being required

**Is my health record secure?**

Yes. There are safeguards in place to make sure only organisations you have authorised to view your records can do so. You can also request information regarding who has accessed your information from both within and outside of your surgery.

**Can I decide who I share my health record with?**

Yes. You decide who has access to your health record. For your health record to be shared between organisations that provide care to you, your consent must be gained.

**Can I change my mind?**

Yes. Youcan change your mind at any time about sharing your health record, please just let us know.

**Can someone else consent on my behalf?**

If you do not have capacity to consent and have a Lasting Power of Attorney, they may consent on your behalf. If you do not have a Lasting Power of Attorney, then a decision in best interests can be made by those caring for you.

**What about parental responsibility?**

Ifyouhaveparentalresponsibilityandyourchildisnotabletomakeaninformed decision for themselves, then you can make a decision aboutinformationsharingonbehalfofyourchild.Ifyourchildiscompetentthenthis must be theirdecision.

**What is your Summary Care Record?**

Your Summary Care Record contains basic information including your contact details, NHS number, medications and allergies. This can be viewed by GP practices, Hospitals and the Emergency Services. If you do not want a Summary Care Record, please ask your GP practice for the appropriate opt out form. With your consent, additional information can be added to create an Enhanced Summary Care Record. This could include your care plans which will help ensure that you receive the appropriate care in the future.

**How is my personal information protected?**

<Organisation Details> will always protect your personal information. For further information about this, please see our Privacy Notice on our website or please speak to a member of our team

For further information about your health records, please see: [www.nhs.uk/NHSEngland/thenhs/records](http://www.nhs.uk/NHSEngland/thenhs/records)

For further information about how the NHS uses your data for research & planning and to opt-out, please see: [www.nhs.uk/your-nhs-data-matters](http://www.nhs.uk/your-nhs-data-matters)

**Access to GP Online Services**

**Important Information – Please read before completing the Online Services Application Form (Over 16)**

If you wish to, you can now use the internet (via computer or mobile app) to book appointments with a GP(not during Covid-19 pandemic), request repeat prescriptions for any medications you take regularly. You can also still use the telephone or call in to the surgery for any of these services as well. It’s your choice.

It will be your responsibility to keep your login details and password safe and secure. If you know or suspect that your record has been accessed by someone that you have not agreed should see it, then you should change your password immediately. If you are unable to do this for some reason, we recommend that you contact the practice so that they can remove online access until you are able to reset your password.

If you print out any information from your record, it is also your responsibility to keep this secure. If you are at all worried about keeping printed copies safe, we recommend that you do not make copies at all.

During the working day it is sometimes necessary for practice staff to input into your record, for example, to attach a document that has been received, or update your information. Therefore you will notice admin/reception staff names alongside some of your medical information – this is quite normal.

Before you apply for online access to your record (not during the Covid-19 pandemic) there are some other things to consider. Although the chances of any of these things happening are very small, you will be asked that you have read and understood the following before you are given login details.

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| **Forgotten history** There may be something you have forgotten about in your record that you might find upsetting.  |
| **Abnormal results or bad news** If your GP has given you access to test results or letters, you may see something that you find upsetting to you. This may occur before you have spoken to your doctor or while the surgery is closed and you cannot contact them.  |
| **Choosing to share your information with someone** It’s up to you whether or not you share your information with others – perhaps family members or carers. It’s your choice, but also your responsibility to keep the information safe and secure.  |
| **Coercion** If you think you may be pressured into revealing details from your patient record to someone else against your will, it is best that you do not register for access at this time. |
| **Misunderstood information** Your medical record is designed to be used by clinical professionals to ensure that you receive the best possible care. Some of the information within your medical record may be highly technical, written by specialists and not easily understood. If you require further clarification, please contact the surgery for a clearer explanation.  |
| **Information about someone else** If you spot something in the record that is not about you or notice any other errors, please log out of the system immediately and contact the practice as soon as possible. |

For further information, please see:

[www.nhs.uk/NHSEngland/AboutNHSservices/doctors/Pages/gp-online-services.aspx](http://www.nhs.uk/NHSEngland/AboutNHSservices/doctors/Pages/gp-online-services.aspx)